

BRX VOLLEYBALL CLUB

PARENT & ATHLETE GUIDE

2026–2027 SEASON



**BUILDING CHAMPIONS.
DEVELOPING LEADERS.
INSPIRING EXCELLENCE.**



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2026–2027 SEASON

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ONE CLUB.
ONE FAMILY.
ONE STANDARD.





Welcome to the **BRX** Family

Welcome to BRX Volleyball Club.

Thank you for choosing BRX.

This guide outlines our philosophy, expectations, and the standards that shape everything we do—from training and competition to communication and athlete development.

Our mission is to help every athlete reach their full potential while building character, confidence, and a lifelong love for volleyball.

We're honored to be part of your family's journey and look forward to an incredible season together.

Welcome to BRX.

Let's get to work.

Alan Domingos

Alan Domingos
Co-Founder | Club Director

Cristine SantAnna

Cristine SantAnna
Co-Founder | Club Director

Harley Marques

Harley Marques
Co-Founder | Club Director





Who We Are

BRX VOLLEYBALL CLUB is more than a club—
it's a community built on passion, purpose,
and people.

Founded by a team of experienced coaches and leaders who live and breathe volleyball, BRX was created to provide athletes with a world-class training environment where they can grow, compete, and thrive.

We are committed to developing the whole athlete—on and off the court—by focusing on skill development, character building, academic success, and leadership.

From our youngest athletes taking their first steps in the game to our elite players competing on the national stage, BRX is a place where every athlete belongs and every dream is pursued.



OUR FOUNDATION



OUR MISSION

To cultivate a culture of excellence by developing skilled athletes, strong leaders, and confident individuals who make a positive impact in the world.



OUR VISION

To be recognized as one of the premier volleyball clubs in the country, known for our people, our development, and our commitment to excellence.



OUR COMMUNITY

We believe in the power of community. BRX is a family of athletes, coaches, parents, and supporters who inspire, encourage, and celebrate each other every day.



OUR PROMISE

We promise to invest in every athlete, challenge them to be their best, and support them in achieving their goals—both in volleyball and in life.

WE ARE BRX.
WE ARE FAMILY.

At BRX, we don't just build better players.
We build better people.

Together, we rise.



THE BRX WAY.

Our Coaching Philosophy.

Brazilian creativity.

American discipline.

BRX combines the creativity, ball control, and game intelligence of Brazilian volleyball with the organization, discipline, and high-performance standards of the American system.

**We teach athletes to
play, think, compete—
and lead.**

FUNDAMENTALS FIRST

Strong fundamentals come before advanced systems. Every athlete builds exceptional ball control, footwork, movement, and technique before progressing to complex systems.

COURT IQ

We teach athletes to read the game, anticipate plays, recognize patterns, and make confident decisions—not simply execute instructions.

PURPOSEFUL CONDITIONING

Every training phase follows a structured plan with age-appropriate strength, movement quality, injury prevention, recovery, and periodization.

THE WHOLE ATHLETE

Technical excellence is only part of development. We value confidence, leadership, nutrition, sports psychology, resilience, and accountability.

COMPETE WITH PURPOSE

We encourage disciplined athletes who compete with courage, creativity, energy, and personality.

DEVELOP PEOPLE

Volleyball is our vehicle. Our goal is to develop leaders, teammates, and confident young adults who make an impact on and off the court.

OUR HIGH PERFORMANCE MODEL

TECHNICAL
EXCELLENCE

VOLLEYBALL
IQ

PHYSICAL
PREPARATION

MENTAL
PERFORMANCE

RECOVERY &
NUTRITION

**BRAZILIAN SOUL.
AMERICAN DISCIPLINE.
THE BRX WAY.**

We don't just teach volleyball.
We teach athletes how to think,
compete, lead, and grow—
for the next match and for life.

Girls Program

Our girls program is designed to challenge athletes, develop leaders, and prepare them for success at the highest level.

PROGRAM HIGHLIGHTS

- National Teams (10s–18s)
- Professional Coaching Staff
- Three Practices per Week
- Regional, Power League & National Qualifiers
- Strength, Leadership & Character Development

SEASON TIMELINE

NOV	DEC–JAN	FEB–APR	MAY	JUN
Training Begins	Local Competition	Qualifiers & Power League	Championship Season	National Championships

Schedule may vary by team.

MORE THAN VOLLEYBALL.

We develop confident athletes, resilient competitors, and strong leaders.

It’s a standard we hold ourselves to every day. It’s a commitment from our coaches, athletes, and families to be better, together.

Train with purpose.
Compete with passion.
Live the BRX Way.



Boys Program

Our boys program develops skilled volleyball players, confident leaders, and competitors who embrace hard work, discipline, and accountability.

PROGRAM HIGHLIGHTS

National Teams (14U–15U)

Professional Coaching Staff

Three Practices per Week

Strength & Performance Training

Regional & National Competition

Leadership Development

We proudly have two Boys National Teams this season and are committed to growing the program in the years ahead.

SEASON TIMELINE

AUG	SEP–NOV	DEC	JAN	MAY–JUN	JUN	JUL
Training Begins	Northern California Competition	Southern California Tournament	Power Season Finale	Summer Program	USAV Nationals	Summer Training & Clinics

MORE THAN VOLLEYBALL.

We develop disciplined athletes, confident leaders, and lifelong competitors.

It's a standard we hold ourselves to every day. It's a commitment from our coaches, athletes, and families to be better, together.

Train with purpose.
Compete with passion.
Live the BRX Way.



Next Generation

The first step in the BRX pathway.
A fun, positive environment where
young athletes build movement,
coordination, confidence, and
a lifelong love for volleyball.

PROGRAM HIGHLIGHTS

Ages 10 & Under

Fun & Fundamentals

Movement & Coordination

Teamwork & Confidence

Love for the Game

**SMALL
BEGINNINGS.
BIG DREAMS.**

It's a standard we hold ourselves to every day.
It's a commitment from our coaches, athletes,
and families to be better, together.

**Train with purpose.
Compete with passion.
Live the BRX Way.**



Clinics & Year-Round Development

Train. Improve. Repeat.

BRX clinics provide year-round opportunities for athletes to build skills, gain confidence, and continue improving between seasons.

OUR CLINICS

HITTING

SETTING

PASSING &
DEFENSE

BLOCKING

SERVE &
DEFENSE

ALL
SKILLS

DESIGNED FOR

BRX Athletes

Players from
Other Clubs

Beginners

Multi-Sport
Athletes

Athletes Preparing
for Tryouts

EVERY REP MATTERS.
EVERY SKILL COUNTS.

Year-round development
for athletes who want to
keep improving.



ELITE LAB

HIGH-PERFORMANCE SUMMER DEVELOPMENT

Elite Lab is our advanced summer training program for athletes who want more individualized coaching, higher training intensity, and accelerated development before the club season.

A COMPLETE DEVELOPMENT EXPERIENCE

SMALL-GROUP
TRAINING

POSITION-
SPECIFIC
DEVELOPMENT

ADVANCED
SKILL
TRAINING

STRENGTH &
MOVEMENT

COMPETITIVE
ENVIRONMENT

INDIVIDUAL
FEEDBACK

DESIGNED FOR

BRX Athletes

Advanced
Players

Athletes Preparing
for Tryouts

College-Bound
Athletes

**BUILT FOR
ATHLETES
WHO WANT MORE.**

Elite Lab is where committed athletes accelerate their development before the season begins.



**ELITE TRAINING.
STRONGER ATHLETES. BRIGHTER FUTURES.**

TOURNAMENT EXPERIENCE

COMPETITION IS WHERE
PREPARATION MEETS OPPORTUNITY.

BRX athletes compete in carefully selected events that challenge their skills, build confidence, and accelerate their development throughout the season.



COMPETITION JOURNEY

LOCAL
EVENTS

NCVA
POWER
LEAGUE

USAV
NATIONAL
QUALIFIERS

NATIONAL
CHAMPIONSHIPS

TEAM
TRAVEL

TEAM
EXPERIENCE



COMPETE WITH CONFIDENCE.
GROW THROUGH EVERY MATCH.



COMMUNICATION THAT BUILDS A STRONGER CLUB

TRANSPARENCY. RESPECT. TEAMWORK.
TOGETHER WE GROW.

At BRX, clear and respectful communication is essential to creating a positive environment where our athletes can thrive. We are a partnership—coaches, athletes, and families—working together with the same goal: the long-term development and success of every athlete.

We are committed to open dialogue, active listening, and professional communication at all times.



OUR COMMUNICATION STANDARDS

RESPECT	TRANSPARENCY	PROFESSIONALISM	ONE TEAM	TIMELY RESPONSES	SOLUTIONS FIRST
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COMMUNICATION GUIDELINES

- TeamSnap is our primary communication platform.
- Parents are included in all athlete-related communication.
- Please allow up to 24 business hours for a response.
- The 24-Hour Rule applies after tournaments.
- Meetings are scheduled—not during practices or immediately after matches.



EARN YOUR OPPORTUNITY

PLAYING TIME & ATHLETE DEVELOPMENT

DEVELOPMENT TODAY. OPPORTUNITY TOMORROW.

Playing time is earned—not guaranteed. Our coaches evaluate athletes through daily effort, attendance, coachability, preparation, and their ability to contribute to the team’s success.

While playing time may vary throughout the season, every athlete receives coaching, feedback, and opportunities to improve.

WHAT WE CONSIDER

ATTITUDE
& EFFORT

COACHABILITY

SKILL
DEVELOPMENT

TEAM
CONTRIBUTION

COMPETITIVE
PERFORMANCE

ATTENDANCE
& COMMITMENT

OUR COMMITMENT

We are committed to creating a positive, challenging, and supportive environment where athletes can grow on and off the court.

HONEST COMMUNICATION

We communicate clearly and transparently with athletes and families.

DEVELOPMENT FIRST

Our focus is long-term growth, not short-term results.

TEAM BEFORE INDIVIDUAL

We value team success and teach athletes how to contribute.

OPPORTUNITIES TO IMPROVE

Every athlete receives coaching, feedback, and chances to succeed.

RESPECT FOR EVERY ATHLETE

We treat every athlete with respect, belief, and high standards.



**GOOD PLAYERS GET PLAYING TIME.
GREAT PLAYERS EARN IT.**

Work hard. Be coachable.
Help your team. Earn your opportunity.
The rest will follow.



COMMITMENT TO THE TEAM

ONE TEAM. ONE GOAL.
TOGETHER, WE ACHIEVE MORE.

Success at BRX is built on commitment. Each athlete's dedication impacts the entire team's performance and experience.

We ask every athlete and family to fully commit to the team, the season, and the process—on and off the court.

ATHLETE COMMITMENT

BE
PRESENT

BE
ON TIME

GIVE
YOUR BEST

SUPPORT
THE TEAM

COMMUNICATE

REPRESENT
BRX

ATTENDANCE STANDARD

Consistency is key to growth.

- ✓ Practices are expected.
- ✓ Tournaments are expected.
- ✓ Notify your coaches early for any absence.
- ✓ Excessive absences may affect playing time and roster position.

WHY IT MATTERS

STRONGER TOGETHER

Commitment creates trust, depth, and confidence in every athlete.

EARN OPPORTUNITIES

Playing time and roles are earned through effort, attitude, and consistent commitment.

BUILDING CHARACTER

Commitment teaches responsibility, resilience, and leadership—lessons that last a lifetime.

COMMITMENT ISN'T MEASURED ON GAME DAY.
IT'S BUILT EVERY DAY.



PARENT PARTNERSHIP

**STRONG ATHLETES.
STRONG FAMILIES.
STRONGER TOGETHER.**

At BRX, we believe that parents are an essential part of the team.

When families and coaches work together with trust, respect, and support, athletes grow on and off the court.

Thank you for partnering with us to create the best environment for our athletes to succeed.

TOGETHER, WE:



SUPPORT OUR ATHLETES

Encourage effort, resilience, and a love for the game.



TRUST OUR COACHES

Respect their expertise and the process they lead.



BUILD A POSITIVE ENVIRONMENT

Cheer with respect and set a great example.



COMMUNICATE WITH PURPOSE

Open, honest, and respectful communication strengthens our team.



FOCUS ON THE BIG PICTURE

Help our athletes stay focused on growth, not just outcomes.

OUR COMMITMENT

WE WILL ALWAYS:

- ✓ Communicate clearly and transparently.
- ✓ Provide a safe and positive environment for every athlete.
- ✓ Focus on long-term development and character.
- ✓ Treat every athlete with respect and fairness.

WE ASK PARENTS TO:

- ✓ Support all athletes, coaches, and officials with respect.
- ✓ Encourage your athlete to take ownership of their development.
- ✓ Avoid coaching from the stands. Let our coaches coach.
- ✓ Communicate concerns privately and respectfully.
- ✓ Remember: this is their journey. Let's enjoy it together.

“

WHEN PARENTS AND COACHES PARTNER WITH TRUST, ATHLETES HAVE THE FREEDOM TO GROW AND THE SUPPORT TO THRIVE.

”



**ONE ROSTER. ONE FAMILY.
TOGETHER, WE'RE BRX.**



FINANCIAL POLICIES

SIMPLE. TRANSPARENT. FAIR.

Our financial policies allow us to provide a high-quality experience for every BRX family while planning the season with confidence.

KEY POINTS

SEASON COMMITMENT	Roster spots are reserved for the full season.
PAYMENT OPTIONS	Pay in full or approved installment plans.
UNIFORM PACKAGE	Uniforms are purchased separately.
FINANCIAL AID	Financial Aid may be available for qualifying families.
FUNDRAISING	Fundraising events may help offset season expenses.
SEASON PROTECTION INSURANCE	Optional insurance is available to help protect your investment.
FINANCIAL AGREEMENT	Complete policies and terms are outlined in the separate Financial Agreement .



OUR COMMITMENT

TRANSPARENT COMMUNICATION

We communicate clearly and proactively about all fees and payment schedules.

NO HIDDEN FEES

We believe in fairness and honesty. What you see is what you pay.

CLEAR SCHEDULES

Payment deadlines and schedules are shared in advance so you can plan with confidence.

SUPPORT WHEN YOU NEED IT

We are here to help. If unexpected situations arise, reach out—we'll work with you.

IMPORTANT

Complete financial terms are provided in the separate [Financial Agreement](#), which every family reviews and accepts before registration.



CLEAR EXPECTATIONS.
STRONGER PARTNERSHIPS.



MEDICAL & ATHLETE SAFETY

HEALTH FIRST. VOLLEYBALL SECOND.

The health and safety of every BRX athlete is our highest priority. We are committed to creating a safe environment and responding quickly and professionally to every situation.

KEY RESPONSIBILITIES



MEDICAL CLEARANCE

All athletes must have a current sports physical on file when required by USAV or BRX before participation.



INJURY REPORTING

Report all injuries or pain to coaches immediately. Early communication helps us support a safe recovery.



RETURN TO PLAY

Medical clearance from a physician may be required before returning to full participation after an injury.



MEDICATION

Athletes should not carry or take medication without parent/guardian authorization when applicable. Inform coaches of any medical needs.



EMERGENCY CONTACTS

Keep all emergency contact information current and accessible at all times.



CERTIFIED CARE

BRX works with certified athletic trainers and medical professionals when available at practices and tournaments.



ATHLETES & PARENTS:

- ✓ Be honest about injuries and how you feel.
- ✓ Follow treatment and rehab recommendations.
- ✓ Prioritize rest, recovery, and nutrition.
- ✓ Communicate with coaches and trainers.
- ✓ When in doubt, speak up.

**TOGETHER, WE KEEP OUR ATHLETES
HEALTHY, SAFE, AND STRONG.**

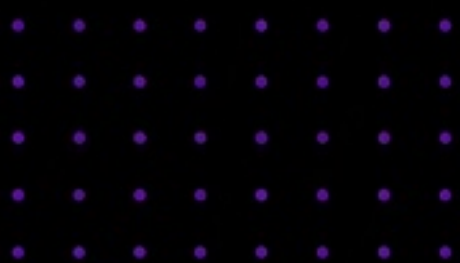


IMPORTANT

Safety is a team effort. Please **notify a coach or staff member immediately** with any medical concerns.



**STRONGER ATHLETES.
SAFER TOGETHER.**



STAY & PLAY

TRAVEL TOGETHER. COMPETE TOGETHER.

Some tournaments require teams to use the official **Stay & Play** housing program. When applicable, families will receive booking instructions directly from BRX. We encourage families to stay together whenever possible to strengthen the team experience throughout the season.



ONLY APPLIES
TO SELECTED TOURNAMENTS.



BOOKING INSTRUCTIONS
WILL BE PROVIDED
IN ADVANCE.



ROOM REQUIREMENTS
ARE DETERMINED BY
THE TOURNAMENT ORGANIZER.



FAMILIES WILL ALWAYS
RECEIVE GUIDANCE
FROM BRX.



Our goal is to make **tournament travel** **simple, organized,** and **enjoyable** for every family.



TOGETHER ON THE COURT.
TOGETHER ON THE ROAD.



LET'S STAY CONNECTED

WE'RE HERE TO SUPPORT
YOUR FAMILY THROUGHOUT
THE SEASON.

Communication is key to a great
experience. Reach out anytime
—we are here for you.



WEBSITE

brxvolleyballclub.com



EMAIL

info@brxvolleyballclub.com



INSTAGRAM

[@brxvolleyballclub](https://www.instagram.com/brxvolleyballclub)



FACILITY

BASH – South San Francisco, CA

147 Beacon Street, South San Francisco, CA 94080



QUESTIONS?

Our staff is always available to help.

Don't hesitate to reach out throughout the season.

ONE CLUB. *ONE FAMILY.* ONE STANDARD.

